

Saving just one dog won't change the world... but, surely, the world will change for that one dog...

## Please Support the Furry Friends 5K!



Speaking of Dogs Rescue has once again been chosen to take part in the Furry Friends 5K walk/run. We will be participating in both of their events, on June 3rd in Oshawa and on October 21st in Burlington, and we need walkers!

### You can walk at your own pace and even bring your dog.

Don't be disappointed if you can't walk or run. You can help raise much-needed funds for the rescue by pledging one of our walkers or even by volunteering at the event. Visit *Kim's pledge page* or *Lorraine's pledge page* if you would like to make a donation.

Visit *furryfriends5k.ca* for more information, including details about how to register. Anyone interested in volunteering for the event is invited to contact our FF5K coordinator, Kim, at *kim@speakingofdogs.com*.

The Furry Friends 5K is always a fun day out, and the 12 dogs in our Forever-in-Foster program have significant medical needs – we can't let them down!

#### APRIL 2018 THE OFFICIAL SPEAKING OF DOGS MONTHLY NEWSLETTER

#### In this month's newsletter

Dogs looking for homes	2
Updates	
Ask the trainer	
Photo recap	7
Recent adoptions	
In memoriam	

#### **About Speaking of Dogs**

Speaking of Dogs is a Toronto-based organization that launched in 2001 and is dedicated to educating and enlightening people about dogs through seminars, workshop forums, outreach and rescue. Our goal is to end cruelty, abandonment, mistreatment and homelessness of man's best friend.

Speaking of Dogs Rescue is the operating name of Speaking of Dogs Rescue Program, a Canada Revenue Agency-registered charity based in Ontario.

#### **Contact Speaking of Dogs**

P.O. Box 8058, RPO Hurontario Collingwood, ON L9Y 0H1 Phone: 705-444-SODR (7637) Email: *info@speakingofdogs.com* Web: *www.speakingofdogs.com* 

#### **Newsletter Team**

Editor: Nancy Foran Design: Cathy Vandergeest at *www.gawck.ca* Contributors: Nancy Foran, Lorraine Houston, and Kim Gladding

#### Newsletters

If you no longer want to receive our newsletter, email *newsletter@speakingofdogs.com*, with "unsubscribe" written in the subject line.

# **Dogs Looking for Homes**

#### A friend in need is a friend indeed

Without a doubt, a dog is a real friend. Our dogs come in all shapes and sizes, but they have one thing in common – they all need loving forever homes. Open your heart and your home to a rescue dog. You'll be glad you did. For complete information about the adoption process, please visit *www.speakingofdogs.com/adoption-process*. For more information on each dog, simply click on their name.

POMERANIAN MIX SMALL, ADULT, MALE

Elliot



#### **FEATURED DOG:**

Elliot is about 8 years old and 18 pounds. This Pomeranian mix is housetrained and eager to please. He loves his walks, and when the leash comes out it's the best day ever for him! He careens joyfully back and forth along the sidewalk in an effort to catch every possible springtime scent!

Elliot is the perfect dog for someone who wants to explore the world daily with a fresh eye and a new friend who never gets over how wonderful life is. The price of his love seems to be belly rubs, walks, and liver treats.

He is a very smart little dog, and the amount of change in his life has made him somewhat cautious. He barks at strange noises, strangers, and when his foster mom leaves on an errand, but he quickly settles down. As the weeks have gone by, he's settled in and his comfort level has increased – he now cuddles close to his foster mom and seeks attention.

Elliot would be a good companion for anyone who likes to get out and about, but we don't feel Elliot would be a match for a family with young children. He currently lives with two foster dogs. If you are interested in Elliot please email **lorraine@speakingofdogs.com**.



Hank CATTLE DOG / BULLDOG MIX LARGE, ADULT, MALE



**Chevry** BOSTON TERRIER / BOXER MIX MEDIUM, SENIOR, MALE



Scooter PEKINGESE / SHIH TZU MIX SMALL, ADULT, MALE



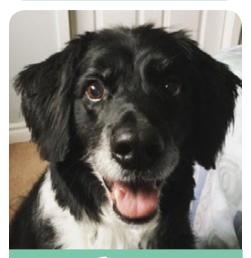
Lester BEAGLE / HOUND MIX MEDIUM, SENIOR, MALE



**Mercedes** german shepherd dog large, adult, female



**Phoenix** german shepherd / labrador mix medium, young, female



**Tyson** BORDER COLLIE / SPANIEL MIX MEDIUM, SENIOR, MALE



**Munroe** BEAGLE / HOUND MIX MEDIUM, YOUNG, MALE



Kya BICHON FRISE MIX SMALL, YOUNG, FEMALE

# Can you lend a paw?

Although we have a partnership with a doggy daycare, we do not have a physical shelter; our dogs are in-home fostered by caring, loving volunteers. Because of the way our rescue is structured,

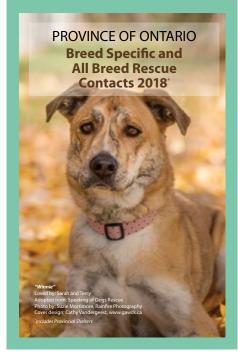
the only hands-on volunteer position with our dogs is fostering. Can't foster but want to help our dogs? Consider donating new or gently used items for them. We are always in need of

- Gas gift cards
- Global Pet Foods or Pet Valu gift cards
- Kong or other treat-disensing toys
- Canned and dry quality dog foods
- Martingale collars
- Kuranda beds
- Thunder Shirts



The 2018 Breed Specific and All Breed Rescue Contacts directories are now available online!

https://www.speakingofdogs.com /wp-content/uploads/ 2018/04/2018\_Directory.pdf



#### From: Jen and family To: Speaking of Dogs Rescue Subject: Buddy (formerly Pudding)

Pudding is now Buddy, and he is doing well. His allergies have been an ongoing concern, but his current meds seem to be serving him well. His coat looks the best it has since we got him!

We attended obedience classes and learned quickly. He gets overstimulated whenever there are buses or garbage trucks going by and likes to meet new people on his own terms, but other than those few quirks he has been a great addition to our family. We continue to work on training techniques with him.

We'd like to thank foster parents Tammy and Lou, Christa and Geoff and Dr. Waisglass, dermatologist, for making a huge difference in Buddy's life!



# **Ask the Trainer**

## WHAT IS POSITIVE DOG TRAINING?

You may have heard the terms: positivereinforcement training, rewards-based training, force-free training, clicker training, motivational training. But what do we mean when we talk about positive training methods?

At their most basic, positive training methods involve rewarding behaviours that you want your dog to display – such as sitting, staying, or rolling over – to encourage him to repeat those behaviours. The reward is usually associated with a cue, such as saying "sit," raising your hand and/ or clicking a clicker.

The idea is that your dog will repeat and learn that good things happen when he exhibits those particular behaviours upon being given a particular cue. Positive training methods also involve ignoring (but not "correcting") any behaviours you don't want your dog to display.

#### Is Food the Only Effective Reward?

Food is probably the most common reward, as most dogs are very food motivated, but it's not the only one you should consider. Some dogs find a toy, a good game of tug-of-war, or chest and belly rubs to be very motivating rewards. Try to tailor your reward to your dog.

#### So Is It Just About Rewarding?

Rewarding is only an element of the training, not its sum total. The desired behaviour still needs to be taught. For example, if you want your dog to stop jumping up on visitors, what you're really looking for is an alternate behaviour, such as a calm sit-stay or keeping "four on the floor."

You need to reward your dog for not jumping up (and sitting quietly), thereby reinforcing that sitting or keeping all four paws on the ground is a "rewardable" behaviour. Simply ignoring the jumping is not going to achieve the goal – it's important to communicate with your dog what behaviour you want (a quiet sit-stay).

This is why positive training methods also usually involve establishing a routine and appropriately managing your dog's environment. Consulting a qualified trainer will help give you the tools and methods you need to successfully train your dog.

#### What About a Balanced Approach?

Some dog trainers claim to use a "mixed" or "balanced" approach that involves both rewards and punishments. This often seems reasonable to dog owners, as it so closely mirrors our own experiences. We raise our kids by dolling out both rewards and punishments, and our working lives are invariably a mix of incentives and deterrents (for example, we'll get pay docked if we're late for work, and while we don't get extra pay for arriving on time, we may get a raise if we're consistently punctual and productive).

However, dogs aren't children or employees. Even when alternating with rewards, punishing your dog creates an atmosphere and relationship of instability and mistrust.

#### But Won't "Bribing" My Dog Prevent Me from Being the "Alpha"?

The so-called "balanced" approach can seem appealing since it capitalizes on the effectiveness of a rewards-based approach while also allowing the owner to be the "alpha." The notion that dogs are driven by a constant desire to dominate is so entrenched it can be difficult to set it aside. However, the dominance theory has been debunked – both in dogs and in wolves.

Seeking to intimidate, dominate or otherwise boss around your dog will

harm your relationship with your pet, not improve it. (See the suggested articles below for a more complete discussion of dominance theory.)

#### Think of It as a To-Do List

There's a reason that, for our own goals, we think in terms of a "to-do" list rather than a "not-to-do" list. Imagine if every day you had to write down all of the things you shouldn't do in order to figure out what you needed to get done. That's what punishment-based training can be like for your dog.

In order to figure out what she should be doing, your dog has to go through a very long "don't-do" list, and the consequences of accidentally ticking something off that list can be scary, stressful, and painful.

If you instead approach training as giving your dog a to-do list and then recognizing and rewarding her whenever she ticks something off that manageable list, you help establish parameters you can both work within to succeed.

Training should be a fun and intimidation-free zone!

#### Want to Learn More?

There is a true wealth of information on the Internet, but unfortunately not all of it is well researched or accurate. If you are struggling with your dog's behaviour, the best place to start is a consultation with a qualified and accredited trainer who uses only positive training methods.

### Consider one of our "Ask the Trainer" columnists:

- Emily Fisher, Scratch and Sniff Canine Services *https://scratchandsniff.ca*
- Lucinda Glenny, Canine Campus *http://caninecampus.ca*

Continued on page 6...

## **Bits & Bites**

Simply click on a summary to be whisked away to the internet page where you can read the full story.

- More info about the use of rewards in positive-reinforcement training, from Yvette Van Veen.
- Central Ontario has been hit with an outbreak of dog flu.
- More information about the H3N2 canine influenza.
- The Toronto Humane Society provided another update and further information about the H3N2 canine influenza outbreak.
- An interesting article about the (sometimes) vast differences in the prices of veterinary services.
- Dr. Karen Becker discusses what, in her opinion, are some of the best

   and some of the worst – dog treats.
- An editorial by Debra Probert: "Treatment of Sled Dogs Is Morally Indefensible."
- A fascinating interview with Fern Levitt, whose documentary film Sled Dogs sought to expose the often cruel world of sled dogs, most notably during the Iditarod and Yukon Quest.
- Pet illnesses suspected to be caused by jerky treats produced in China may no longer be making headlines, but they have not stopped happening.

#### THIS MONTH'S RECALLS:

Click on a recall to be directed to further information online.

- Blue Ridge Beef
- Steve's Real Food
- Tucker's raw frozen dog food
- Redbarn dog chews
- Radagast free-range chicken and free-range turkey recipes
- Milo's Kitchen dog treats
- Darwin's Natural Selections and ZooLogics



Continued from page 5...

- Marlo Hiltz, Welfare of Our Furry Friends (Wooff) https://www.wooff.ca
- Mirkka Koivusalo, Mindful Behaviours https://www.karenpryoracademy.com/ Mirkka\_Koivusalo
- Dorothy Litwin, MSc., Animal Behaviour Specialist http://www.animalbehaviour.ca/ab2/ do.php?target=index
- Margaret Pender, DogGone Right! Inc. *http://www.doggoneright.ca*

The following are some useful articles that help explain positive-based training and its benefits (as well as the pitfalls of punishment-based methods).

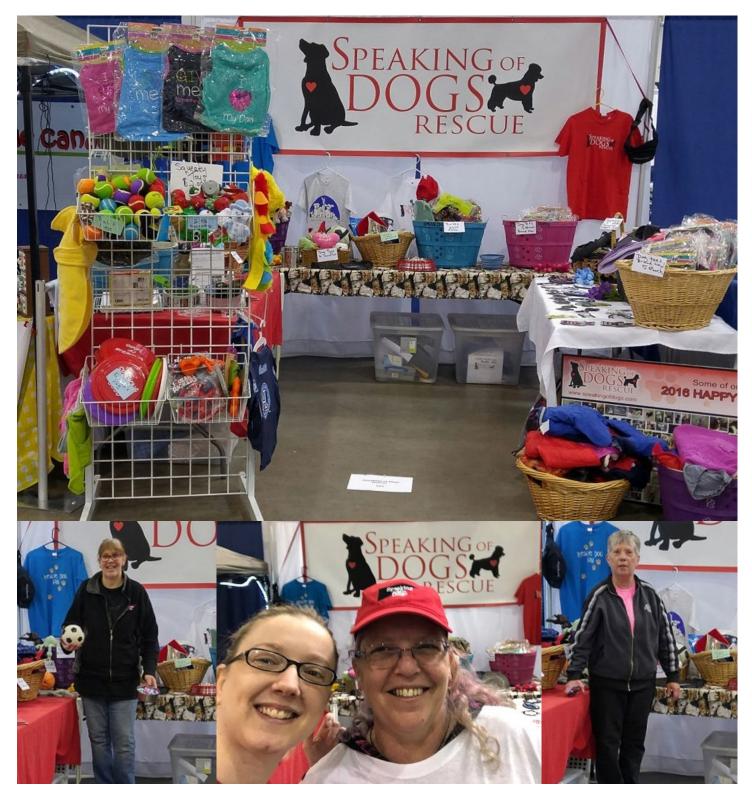
- "Positive Reinforcement" by Victoria Stilwell
- "Traditional Dog Training vs Leadership Without Force" by Dr. Sophia Yin
- "A Surprising Look at Balanced Training" by Laurie Luck
- "Dogs: Positive Reinforcement Training" by the Humane Society of the United States
- "Outmoded Notion of the Alpha Wolf" by L. David Mech



## **Photo recap**

#### **SPRINGTIME WAGS AND WIGGLES!**

It was a successful weekend at the Spring Pet Expo, with lots of foot traffic at the Speaking of Dogs booth. Many thanks to our volunteers: Marianne, KC, Katie, Ana, Cyndy, Kathy, Jo-Ann, Dixie, David, Gabe, Lorne, Megan, Catherine, and Lorraine.



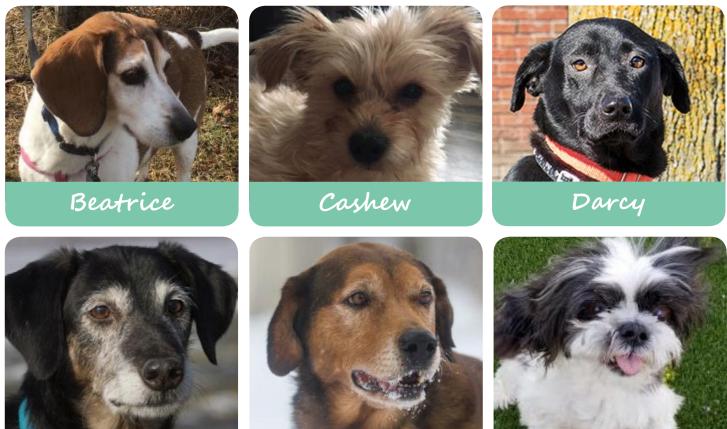
# **Happy Tails**

#### MARCH ADOPTIONS:

A big thank you to our foster parents and our new adoptive guardians for helping give these loving dogs a second chance.



Abby



Henry



Lucy



### **T-Shirt Fundraiser!**

We've joined with multiple rescues to create the Group Tee Fundraiser! These are excellent quality, Fruit of the Loom t-shirts, and every sale helps rescues across Canada. Please share with family and friends and animal lovers in general. When you buy your t-shirt, Collie Rescue Network receives \$1.00 of the sale. When you choose Speaking of Dogs as an additional rescue, we will receive \$5.00 for every shirt sold! The more we sell together, the more we can change lives in rescue groups across Canada.

Please visit www.collierescuenetwork.com/grouptees.html to order your tees.

# Happy Tails

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Minkus



### Woofstock Is Next Month!

Woofstock is back to its original time of year and usual location. It will be held on Saturday May 26th and Sunday May 27th at Woodbine Park in Toronto. Speaking of Dogs will have a booth, so please came out to support the rescue and the dogs in our care. It's always a fun day out for dogs and dog caregivers alike!

#### VISIT WOOFSTOCK.CA FOR MORE INFO.

## In Memoriam



BOCOM LOVED BY MANDY AND DEAN ADOPTED JULY 2013 PASSED MARCH 2018 Fluggy LOVED BY NICOLINE, ALL OF NICOLINE'S PIANO STUDENTS, SHEILA, AND THE STAFF AT DOGGIE PLAYLAND ADOPTED SEPTEMBER 2011 PASSED MARCH 2018



Mimi LOVED BY PATRICIA ADOPTED JANUARY 2005 PASSED MARCH 2018