

## We Need Walkers and Runners for the Furry Friends 5K!



Speaking of Dogs Rescue is very pleased to have been chosen to take part in the Furry Friends 5K walk/run in Burlington on Sunday October 21st. We now need walkers and runners for the event!

Participating as a walker or runner is easy. It will only take a couple of hours of your time, but it will make a world of difference to the dogs in our care. Past events have been a lot of fun and very well organized. And don't worry if you're not a top athlete. You can walk at your own pace and even bring your dog!

Simply register on the Furry Friends 5K website at [furryfriends5k.ca/burlington](http://furryfriends5k.ca/burlington), send your friends and family a link to your pledge page, and let them know what a great cause Speaking of Dogs Rescue is!

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### SEPTEMBER 2018

#### THE OFFICIAL SPEAKING OF DOGS MONTHLY NEWSLETTER

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##### About Speaking of Dogs

Speaking of Dogs is a Toronto-based organization that launched in 2001 and is dedicated to educating and enlightening people about dogs through seminars, workshop forums, outreach and rescue. Our goal is to end cruelty, abandonment, mistreatment and homelessness of man's best friend.

*Speaking of Dogs Rescue is the operating name of Speaking of Dogs Rescue Program, a Canada Revenue Agency-registered charity based in Ontario.*

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##### Newsletters

If you no longer want to receive our newsletter, email [newsletter@speakingofdogs.com](mailto:newsletter@speakingofdogs.com), with "unsubscribe" written in the subject line.

# Dogs Looking for Homes

## A friend in need is a friend indeed

Without a doubt, a dog is a real friend. Our dogs come in all shapes and sizes, but they have one thing in common – they all need loving forever homes. Open your heart and your home to a rescue dog. You'll be glad you did. For complete information about the adoption process, please visit [www.speakingofdogs.com/adoption-process](http://www.speakingofdogs.com/adoption-process). For more information on each dog, simply click on their name.

## Lola

LABRADOR RETRIEVER MIX  
MEDIUM, SENIOR, FEMALE



## FEATURED DOG:

Lola is a black Labrador mix who is about 10 years old and weighs about 60 pounds. She was surrendered to a shelter near Montreal, where the rescue took her to find a home in Ontario.

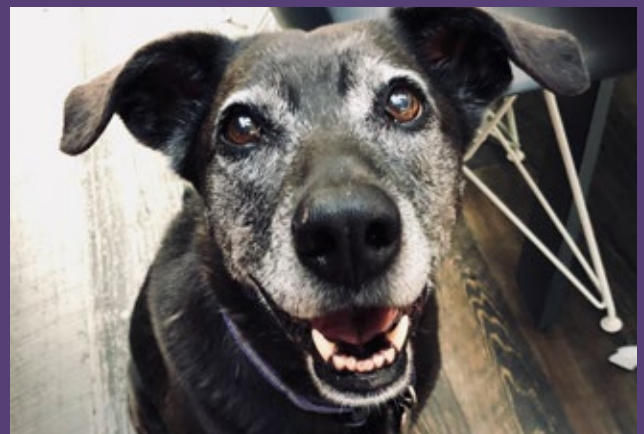
Despite her age, Lola is vibrant and still has lots of love to give. She is healthy and fully vetted.

Lola is amazing on car rides, and her personality is gentle and sweet. She knows her basic commands in French (oui!), but her foster parents have been teaching her English. She is housetrained and loves belly rubs.

Lola is a little too interested in cats, so we suggest a no-cat home. However, she is okay with other dogs and children. She is not destructive but does get into available food when unsupervised (for example, food left out on counters). She likes her walks but will need a bit of leash-walk training.

Lola has a big bark, but she only uses it occasionally, like when strangers knock on the door. (Extra home security!) Otherwise, she is a calm, happy dog who is quiet most of the time and likes her afternoon naps.

Madame Lola is full of joie de vivre and would be a welcome and wonderful addition to a loving family!

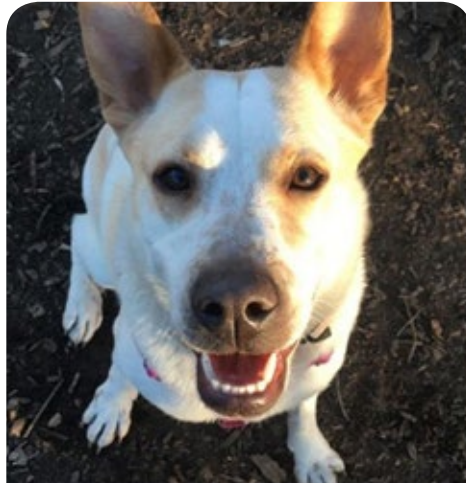






*Hank*

CATTLE DOG / BULLDOG MIX  
LARGE, ADULT, MALE



*Willow*

AUSTRALIAN CATTLE DOG MIX  
MEDIUM, ADULT, FEMALE



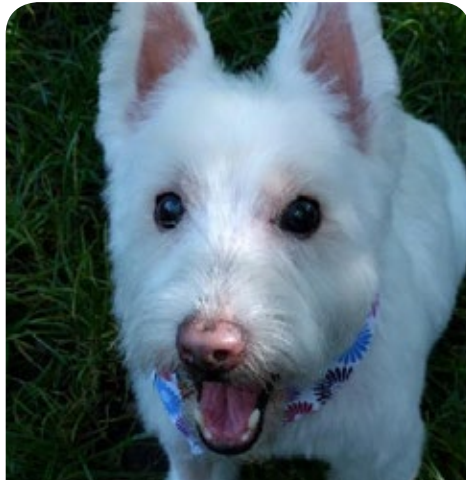
*Lilly*

CHOW CHOW MIX  
MEDIUM, SENIOR, FEMALE



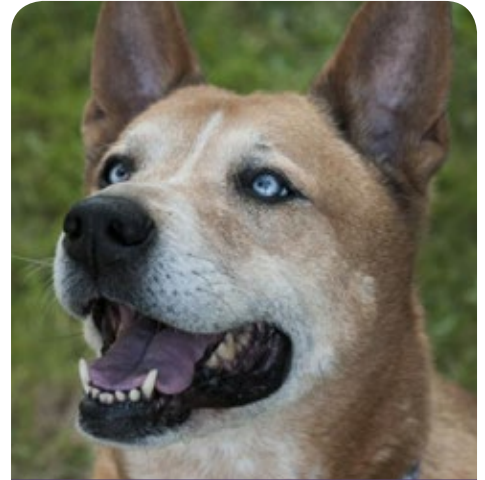
*Hanna*

GERMAN SHEPHERD DOG  
LARGE, ADULT, FEMALE



*Bubbles*

WEST HIGHLAND TERRIER MIX  
SMALL, SENIOR, FEMALE



*Gabby*

LABRADOR / HUSKY MIX  
LARGE / SENIOR / FEMALE



*Watson*

POINTER / HOUND MIX  
LARGE, YOUNG, MALE



*Fiona*

CATAHOULA / MAREMMA MIX  
LARGE, ADULT, FEMALE



*Archie*

JACK RUSSEL TERRIER MIX  
SMALL, ADULT, MALE





**Ginger**

POODLE / COCKER SPANIEL MIX  
SMALL, YOUNG, FEMALE



**Lucky Larry**

BEAGLE / SHEPHERD MIX  
MEDIUM, SENIOR, MALE



*...continued from page 1*

Don't be disappointed if you can't walk or run in the Furry Friends 5K this fall. You can help raise much-needed funds for the rescue by pledging one of our walkers. **Please visit [Lorraine's pledge page](#) if you would like to make a donation.**

We also need to provide a few volunteers to help out on the day at the event, as well as volunteers to help distribute posters in the Burlington area. If you can assist with this or need help setting up your pledge page, please email Kim at [kim@speakingofdogs.com](mailto:kim@speakingofdogs.com).

How else can you help? Please share info about the event through your social media channels, especially if you have friends or family who are walkers or runners.

Our dogs desperately need support to get the second chance they so deserve, and we need funds to care for them. We also have 12 dogs in our Forever-in-Foster program who all have significant medical needs. Please support us – we can't let them down!

For more info about the Burlington Furry Friends 5K, including details about how to register, please visit [furryfriends5k.ca/burlington](http://furryfriends5k.ca/burlington).

## THE FALL ONLINE AUCTION IS COMING!

Our fall online auction will be taking place from Saturday November 10 to Saturday November 17.

We're now ready to accept donations of new or very gently used items. Past auctions have included dog gear and other pet products, electronics, household items, and decor pieces.

We also accept services (such as grooming sessions, photography sessions, and the like) and valid gift certificates and gift cards that have their full face value.

Please email [auktion@speakingofdogs.com](mailto:auktion@speakingofdogs.com) if you have anything you would like to donate.

All funds raised go directly to the veterinary costs and other needs of the dogs in our care, including our Forever in Foster dogs.

The October newsletter will have more info, including details about how to view auction items and – most importantly – how to place your bids!



# Ask the Trainer

## PREPARING YOUR DOG FOR BACK TO SCHOOL TIME

For some of us, the routine doesn't change much over the summer, but for some families, the change is dramatic. Children go back to school, and many companies go back to regular hours after operating on "summer hours." Be aware that not only will you and your children need to get ready for back-to-school routine changes, so will your dog.

Dogs generally aren't big fans of change, and it is easy to overlook the impact of a sudden change in routine on our dogs – especially if they are very young or very old.

### The following are some suggestions for how to make things easier for your dog:

1. Try to practise your new routine before it starts. Help your dog begin to adjust to the changes by easing them into it. Encourage your kids to set their alarm and get up earlier instead of sleeping in.
2. Take your dog out for walks and/or bathroom breaks at the same time you will on school days.
3. If their meal times changed over the summer, adjust them back to the normal routine.
4. Start practising leaving them alone for longer periods of time. If you have crated your dog in the past during work or school hours, you may need to brush up on crate-training routines.
5. Plan extra exercise in the mornings and evenings. Be prepared to adjust

the size of meals if your dog will be getting less exercise during the school year.

6. Start preparing your dog for being gated off from areas of the house while they are alone. Chewed furniture and relapses in house training can be signs of boredom or anxiety.
7. Find ways to keep your dog engaged while they are left alone. Many dogs will just sleep, but I keep puzzle toys, tricky treat balls, and frozen Kongs available so my younger dogs aren't bored when I'm away from the house.
8. Consider leaving the radio or TV on so your dog has some background noise.
9. Consider hiring a reputable dog walker to come and let your dog out midday. Most dogs struggle to hold their bowel and bladder for seven hours or longer. If you have a dog walker but were on "holiday" from that routine during the summer, get the routine of the dog walker restarted as soon as possible.
10. Stay calm during all leavings and returns. Don't make leaving the house or returning a major event.

Many dogs adjust well, but young dogs and elderly dogs, especially dogs with some cognitive decline, can struggle with sudden shifts in routine, so be prepared to ease them into the new normal.

Finally, there is the belief that "a tired dog is a good dog." This is a piece of advice that annoys me no end, as we tend to overdo it and exhaust our dogs. An exhausted dog will have a harder time coping with stress if they are anxious.



Exercise is important, but you don't need to exhaust your dog. Also, routinely exhausting a dog runs the risk of building his endurance, and then you have a dog who needs more and more exercise.

Back to school time is a change for many of us. Even once we're grown and our children are grown, the end of summer often motivates us to change our routine and get "back on track." Let's make it as easy on our dogs as we can.



*Blanche Axton is a dog trainer and coordinates the fostering program with Pugalug Pug Rescue. She has been a volunteer and foster parent for Speaking of Dogs for many years.*

# Bits & Bites

*Simply click on a summary to be whisked away to the internet page where you can read the full story.*

- National Post columnist Christie Blatchford comments about Teddy, a rescue dog who was left to die in a parked car by his dog walker.
- If your dog has ever suffered from constipation or diarrhea, your vet may have recommended adding a little pumpkin to their food. But how can pumpkin possibly remedy both constipation and diarrhea? How does it work? Dr. Jean Dodds explains.
- This interesting blog post on The Science Dog explains referential gestures and how dogs use them to communicate with us.
- Two studies have demonstrated that many people show more empathy for dogs than for other humans.
- Montreal has reversed its dog breed ban in favour of legislation focused on holding negligent owners accountable, reporting on and tracking dangerous dogs (regardless of breed), and educating the public about safe and responsible dog handling.
- This editorial explains the benefits of the City of Montreal's new direction.
- Looking for inspiration for your dog photos? Check out the UK's Kennel Club Dog Photographer of the Year winners' gallery.
- Find out about Angel's Rest Dog Sanctuary, the retirement home for dogs in Niagara-on-the-Lake.

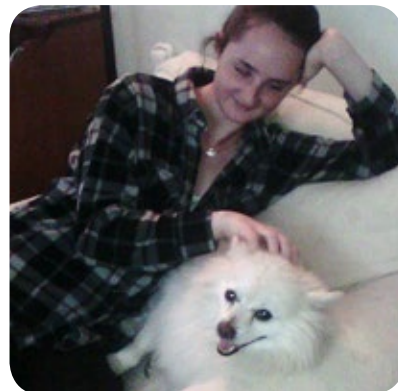
## THIS MONTH'S RECALLS:

Click on a recall to be directed to further information online.

- G & C turkey cat food and ground lamb dog food
- Radagast Rad Cat Diet recall expanded

**From: Garfield C. and family**  
**To: Speaking of Dogs Rescue**  
**Subject: Cooper**

Just wanted to update you on Cooper. He is quite the character and actually has a sense of humour. I am amazed at his sense of time and feeling for routine. He dearly loves car rides and actually does a dance when I tell him we are going for a ride. Right now he is lying on the floor beside me, something he always does when I am on the computer. He has been with us for 18 months, and I just can't imagine a life without him. We absolutely love him, and he returns that love magnificently. Here he is with our granddaughter.



## T-Shirt Fundraiser!

We've joined with multiple rescues to create the Group Tee Fundraiser! These are excellent quality, Fruit of the Loom t-shirts, and every sale helps rescues across Canada. Please share with family and friends and animal lovers in general. When you buy your t-shirt, Collie Rescue Network receives \$1.00 of the sale. When you choose Speaking of Dogs as an additional rescue, we will receive \$5.00 for every shirt sold! The more we sell together, the more we can change lives in rescue groups across Canada.

Please visit [www.collierescuenetwork.com/grouptees.html](http://www.collierescuenetwork.com/grouptees.html) to order your tees.



# Happy Tails

## AUGUST ADOPTIONS:

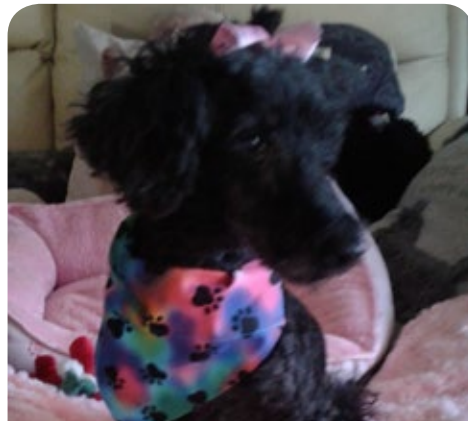
A big thank you to our foster parents and our new adoptive guardians for helping give these loving dogs a second chance.



*Bailey Beagle*



*Dashie*



*Ella*



*Harriet*



*Lacy*



*Lemonade*



*Tulip*

## SHARE YOUR FALL FUN WITH US!

The dog days of summer may be winding to a close, but we know your dogs are still out and about, enjoying the best that fall has to offer. We'd love to include a photo of your furry best friend making the most of the cooler conditions and falling leaves in the 2019 Speaking of Dogs Rescue calendar.

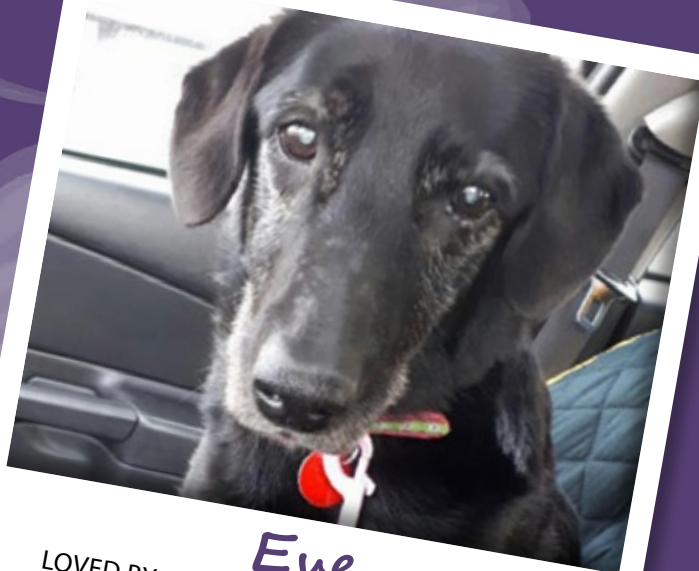
Ideal photos don't include people but can include a four-legged friend. Photos should be 300 dots per inch (DPI) and at least 5 inches by 7 inches in size. Photos can be colour or black and white. Please email your favourite snapshots to [lorraine@speakingofdogs.com](mailto:lorraine@speakingofdogs.com).

# In Memoriam



*Junno*

LOVED BY REBEKAH, WILL AND FAMILY  
ADOPTED JULY 2018  
PASSED AUGUST 2018



*Eve*

LOVED BY WANDA AND FAMILY, CEDARBRAE  
VETERINARY CLINIC STAFF, THE HOUSTON FAMILY  
AND EVERYONE WHO MET HER  
FOREVER IN FOSTER  
PASSED AUGUST 2018