

Saving just one dog won't change the world... but, surely, the world will change for that one dog...

# 2019 Calendars Are Almost Here!



The 2019 Speaking of Dogs Rescue calendar is almost ready for press!

A huge thank-you to everyone who submitted a photo of their favourite furry pal! You'll be able to see your four-legged superstars in action when the calendars arrive in a few weeks.

These beautiful calendars are a perfect holiday gift and a great way to support our dogs. They're only 15.00 each or \$12.00 each for ten or more. You can place your order by emailing Lorraine at *lorraine@speakingofdogs.com*.



### OCTOBER 2018 THE OFFICIAL SPEAKING OF DOGS MONTHLY NEWSLETTER

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#### About Speaking of Dogs

Speaking of Dogs is a Toronto-based organization that launched in 2001 and is dedicated to educating and enlightening people about dogs through seminars, workshop forums, outreach and rescue. Our goal is to end cruelty, abandonment, mistreatment and homelessness of man's best friend.

Speaking of Dogs Rescue is the operating name of Speaking of Dogs Rescue Program, a Canada Revenue Agency-registered charity based in Ontario.

#### **Contact Speaking of Dogs**

P.O. Box 8058, RPO Hurontario Collingwood, ON L9Y 0H1 Phone: 705-444-SODR (7637) Email: <u>info@speakingofdogs.com</u> Web: <u>www.speakingofdogs.com</u>

#### **Newsletter Team**

Editor: Nancy Foran Design: Cathy Vandergeest at <u>www.gawck.ca</u> Contributors: Nancy Foran, Lorraine Houston, Emily Fisher, and Kim Gladding

#### **Newsletters**

If you no longer want to receive our newsletter, email <u>newsletter@speakingofdogs.com</u>, with "unsubscribe" written in the subject line.

# **Dogs Looking for Homes**

#### A friend in need is a friend indeed

Without a doubt, a dog is a real friend. Our dogs come in all shapes and sizes, but they have one thing in common – they all need loving forever homes. Open your heart and your home to a rescue dog. You'll be glad you did. For complete information about the adoption process, please visit *www.speakingofdogs.com/adoption-process*. For more information on each dog, simply click on their name.



RETRIEVER MIX MEDIUM, YOUNG, MALE





### **FEATURED DOG:**

Charlie is a sweet young dog (b. February 28, 2018) who likes to play and be part of the group. He knows his basic commands and responds well to positive training. He is fairly good on leash, crate-trained, and almost reliable in his housetraining. He is being fostered in Newmarket, Ontario.

Charlie was surrendered because he was growly with the owner's 10-year-old daughter. They wanted to ensure his next home suited him better and trusted our rescue to find the best match. We're looking for an adopter who will encourage Charlie and build up his confidence without overwhelming him.

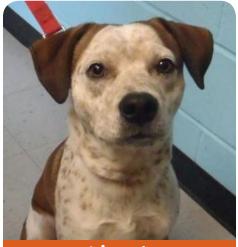
He has been socialized but can still be anxious at times. He may not be comfortable around new people, but he warms quickly if initially ignored. When he's ready, he'll sniff and accept some gentle butt scratches and side stroking, but reaching forward or over him may send him reeling.

Charlie now trusts his foster mom's dog-savvy friends and is happy to see them, but she ensures strangers don't reach out to him. He does well on walks, but seemingly harmless objects can sometimes scare him. When that happens, his foster mom just lets him calmly investigate at his own pace without making a fuss.

He loves the resident dogs and tries to play with them, but he is also happy to just hang out. As he is easily intimidated, a dog park is not Charlie's ideal play date. He is better suited to a small group of playful, social dogs.

Charlie is not the right match for a family with young children, but we're confident he will thrive in an active, supportive, and patient forever home.

See Charlie in action: https://www.youtube.com/watch?v=UvjII5kFTus



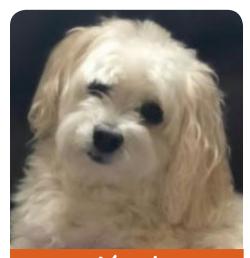
CATTLE DOG / BULLDOG MIX LARGE, ADULT, MALE



Willow AUSTRALIAN CATTLE DOG MIX MEDIUM, ADULT, FEMALE



Lilly CHOW CHOW MIX MEDIUM, SENIOR, FEMALE



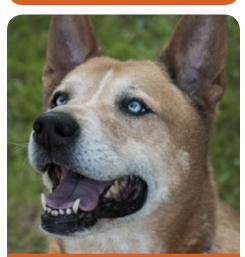
Masci HAVANESE SMALL, ADULT, MALE



**Mildred** BOSTON TERRIER MIX SMALL, YOUNG, FEMALE



Lulu SPANIEL / HOUND MIX MEDIUM, BABY, FEMALE



Gabby LABRADOR / HUSKY MIX LARGE / SENIOR / FEMALE



**Fiona** CATAHOULA / MAREMMA MIX LARGE, ADULT, FEMALE



**Rusty** HOUND / RETRIEVER MIX LARGE, ADULT, MALE

# **Forever in Foster Pupdate**

### **MEET ANNIE!**

Annie is now about 12 years young and has been with Speaking of Dogs Rescue for two years. She is in the Forever in Foster program because she had mammary masses removed that were malignant and dental surgery that left her with only one tooth. Although Annie still loves her food! She does, however, need a special diet, so her generous foster mom cooks for her.

Annie has the most gentle, loving personality and smiles at everyone she sees. Every human and dog she meets is her friend! She's befriended neighbourhood cats and her foster mom's pet rats, and she tried to mother baby birds she found in the grass. Annie even tried to make friends with a skunk, but that's where her foster mom had to draw the line!

Annie still has lots of pep in her step and exudes sass when she comes out of the groomer's after a haircut. She does her supermodel runway walk, looking back every few steps to make sure everyone is still admiring her.

Sadly, the cancer Annie had could come back. She could be with us another six months or another six years; there's no way of knowing. Speaking of Dogs Rescue has been there for Annie, and we'll be there for her whatever the future holds. We hope you'll be there for her too, to help us ensure Annie gets the quality care she deserves.

As for Annie, she's loving every minute of her life and bringing great joy to everyone around her!

With thanks to Annie's foster mom, Veronica.

### **DUSTIN PUPDATE**

Dustin's been busy over the summer with his foster duties, making Lemon, Bella, Hannah, and Larry feel at home. Last week he had a photo shoot with Michelle from Inline Design (one of our fab volunteer photographers) and was a total rock star – a come hither look as his long locks blew gently in the autumn breeze! This weekend he's hosting a Thanksgiving gig with family and neighbours and will be on welcoming committee and backyard watch: You can't trust those squirrels not to take over when you've got your back turned!



Speaking of Dogs Rescue focuses on compassionate care for senior dogs. When these beloved dogs come into our rescue, they often have needs that are beyond the scope of adoption. Still others are up for adoption for months without finding a forever home, and they eventually become attached to their foster parents. At that point we often feel that it is not in the best interest of the dog to be uprooted and put into a new home. And so, we keep some of our senior dogs in our Forever in Foster program, which has been running since 2005 and has seen many dogs live out their last chapter in a loving, caring foster home, cherished until they cross over to the Rainbow Bridge. Speaking of Dogs Rescue cares for these dogs financially for the rest of their lives, covering their vetting, food, and grooming costs.

# **Events**

### WOOF AND CHEESE AT DOGGIEVILLE IN NEWMARKET!

Looking for Halloween fun with your furry best friend? Join us at Doggieville (Unit 4, 1166 Gorham Street) in Newmarket on Sunday, October 21st for a Halloween-themed Woof and Cheese! Speaking of Dogs Rescue is very pleased to have been chosen as the rescue that will be benefitting from any funds raised.

It will be a day of prizes, raffles, auctions, contests, and lunch. For more info, please visit *www.doggieville.ca*.

### THE FALL ONLINE AUCTION IS NEXT MONTH!

The Speaking of Dogs Rescue online auction will be running from November 10th to 17th! It's a great opportunity to do some holiday shopping without having to face the blustery fall weather, and there's an added bonus: You'll be supporting our amazing dogs and helping them get healthy, get happy, and get forever homes!

Thanks to our generous donors, we have many exciting lots ready to go under the hammer, including a 16-G gold iPod Touch, a hand-made crochet afghan, a Maple Leafs dog jersey and many other brand-new dog coats and toys, as well as assorted gift certificates.

Do you have a special item you'd like to donate? Please email *auction@speakingofdogs.com*.

To place a bid, all you'll need to do is visit the auction site between November 10th and 17th. All funds raised go directly to veterinary costs and care for the dogs, including the sweet seniors in our Forever in Foster program.

Thanks from Speaking of Dogs Rescue and the dogs.

### SANTA CLAUS WILL BE AT SANTA PAWS!

Please join us for a day of holidaythemed fun at Santa Paws in Hagersville. Santa himself will be there for photos and to hear what all the good doggies would like for Christmas, and there will also be an auction, raffle, and nail trims.

## TORONTO CHRISTMAS PET SHOW

Christmas is still months off, but the Toronto Christmas Pet Show will be here before you know it! This two-day event includes many pet-related vendors and activities. Pets are welcome, and free parking is available.

**Date:** Saturday, November 24 and Sunday, November 25

**Time:** 10 a.m. to 8 pm. (Saturday) and 10 a.m. to 5 pm. (Sunday)

**Place:** Halls 2, 3 and 4, International Centre, 6900 Airport Road, Mississauga

You can visit *www.canadianpetexpo.ca* for more information.

## THE FURRY FRIENDS 5K IS ALMOST HERE!

Speaking of Dogs Rescue is very pleased to have been chosen to take part in the Furry Friends 5K walk/run in Burlington on Sunday October 21st. Please come out to support us and to support this amazing event!

The race starts at 1463 Lakeshore Road in Burlington and ends in Spencer Smith Park. Runners and walkers should arrive for 8:45 a.m. to pick up their race kit. The warm up begins at 9:45 a.m., and the race kicks off at 10:00 a.m. The awards presentation begins at 11:45 a.m.

Racers can register up to, and including on, race day. Visit *furryfriends5k.ca* for more information.

Don't be disappointed if you can't walk or run! You can help raise much-needed funds for the rescue by pledging one of our walkers. To make a donation, simply visit *furryfriends5k.ca/burlington*, scroll down, and click on "Pledge a Participant." You will see a list of names, which you can search or scroll through.

#### Our racers are:

Jan Boase	Carolina De Acetis
Deanna Fairman	Kim Gladding
Lorraine Houston	Cindy Parkin
Leanne Tucker	Courtney Yourkin

Simply click the "donate" button next to the name of the participant you would like to pledge and follow the instructions. Tax receipts will be issued for all pledges of \$20 or more.

We also need to provide a few volunteers to help out on the day at the event, as well as volunteers to help distribute posters in the Burlington area. If you can assist with this or need help setting up your pledge page, please email Kim at *kim@speakingofdogs.com*.

How else can you help? Please share info about the event through your social media channels, especially if you have friends or family who are walkers or runners or who just love dogs.

Every year, Speaking of Dogs Rescue helps so many dogs find a second chance and a true forever home, and there are also the dogs we care for year in and year out in our Forever in Foster program. We can't continue to support them without support from you!

# **Ask the Trainer**



## LOOK, DON'T TOUCH!

I was out for a walk on the city streets with my elderly dog, Arlo. When I saw someone approaching with a young doodle, I led Arlo up a driveway to wait for them to pass. The owner and I greeted each other briefly, and then she stopped. His owner asked me a question about my dog, and as I answered briefly, the doodle leaned into the leash and oriented his body and wide, excited eyes toward my dog, tail wagging higher and harder. The owner asked if the dogs could meet, and I politely declined. We said our goodbyes, and as she dragged her dog away he gurgled a bark through the pressure on his collar.

So why didn't I allow a greeting? The answer lies in frustration, and a dog's response to it.

Frustration often arises from being unable to fulfill an intense want or need. In our dogs, it's usually a product of arousal in combination with restraint. For the doodle, this meant that seeing Arlo just 15 feet away resulted in feelings of excitement (arousal). He was confined on a leash, which acted as the restraint and prevented access.

This combination of factors resulted in frustration, expressed as staring and orienting, leaning hard on the leash, and vocalization. This was a pretty minor display as compared to many other dogs, but the effect on this dog – or the dog being stared down – shouldn't be minimized.

Frustration in humans leads to all sorts of maladaptive coping mechanisms. Road rage is a perfect example of how frustration causes uncomfortable feelings up to the point of aggressive outbursts or even physical assault. Frustration is profoundly distressing for the person experiencing it, even if it doesn't escalate to that point.

Dogs show a similar range of expression of frustration, and unfortunately the

information available to most pet owners neglects to mention it as a cause of problem behaviours or even aggression. Most people do not see a connection with their cute little puppy excitedly bouncing around on the end of the leash barking because "she just wants to say hi!"

Excitement is normal, and it is not this excitement that is the problem – it is the human response to it! Too often, owners of friendly dogs allow their dogs to experience these feelings of frustration and even deliberately put their dogs in situations where it is likely to happen.

At best, they teach their dogs to get cranked up at the sight of other dogs and that pulling and barking is the best way to fulfil the desire to meet the other dog. At worst, they are cultivating an aggressive response to other dogs. That can either come from a road-rage-like response to the feelings of frustration or through well-intended training methods

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# **Ask the Trainer**

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that include corrections like jerks to the leash. In this case, a dog who previously was excited about dogs comes to learn that the presence of other dogs causes their owner to jerk the leash, which causes them pain or discomfort. This dog can easily be convinced that other dogs aren't good to have around and will develop an aggressive response to other dogs due to this association.

So what can you do instead? We'll use an example of other dogs as distractions, but this is applicable to people or anything else that excites your dog in a happy way.

- Teach your dog "Say Hi!" When you say this, it means your dog is allowed to engage in a social interaction with the dog. After you say, "Say Hi!," you can usher your dog in to greet on a loose leash or off leash. Of course, take appropriate precautions about who your dog is greeting, particularly regarding finding friendly dogs who also are allowed to greet, etc.
- 2. Teach your dog that when you don't say, "Say Hi!," it means that social interaction is off limits. This is a critical distinction for your dog to understand and requires a lot of consistency on your part!

This can be achieved using a combination of factors:

#### **Keep Your Distance**

If your leashed dog is too close to the dog, she will be frustrated. It is as simple as that! How close is too close will depend very much on your dog, the dog she wants to greet, and the environment. Generally, you will be able to tell if your dog is too close because she orients fully away from you and toward the dog, blinks less or has wider eyes, leans into the leash, either stands very still or moves rapidly, and is less responsive to an offer of a treat. If she does this, move away 5 to 10 feet.

#### "Look, Don't Touch"

You'll need to prepare a baggy of treats that your dog loves – don't be stingy! – and have these at the ready in an easily accessible pocket or training pouch. Begin at a distance where your dog notices the other dog but doesn't display the above body language.

Notice when your dog looks toward the other dog and immediately say, "yes!" and feed a treat. It can be helpful to show the dog the treat and place it on the ground by your foot so she turns around to take the treat.

Repeat this for as many times as your dog glances at the dog. Always time "yes!" with the moment she looks; there's no benefit in letting her stare! You will soon notice that she gives a quick glance and looks back to you before you even have a chance to say, "yes!" This is perfect! Continue to reward this! If this isn't happening, you'll need to begin at a longer distance or use tastier treats. It can be helpful to practise with a friend and their dog so you also get some practise before training out on walks.

"Say Hi!"

Practise "Look, Don't Touch" without greeting the large majority of the time. This will help set an expectation that your dog is to continue past dogs and people, and it will go a long way to prevent frustration from re-emerging. When you are going to allow a greeting, for example with a neighbour or dog friend, begin with "Look, Don't Touch" until your dog is settled and functional. You can then tell your calm dog, "Say Hi!" and allow her to greet her friends while maintaining a loose leash.

If that doodle had been put though these paces and, instead of leaning into the leash and staring, was quietly standing with her owner, I may have allowed a greeting with Arlo. While I didn't have the impression that this dog had any aggressive intention, it's very likely that his strained body language would have translated into a very forward, pushy introduction. This wouldn't be fair to either dog, particularly as Arlo, at the age of 15, easily falls off balance.

Many other dogs will assume the worst if a dog pushes into their space and may react defensively to that approach. Help your dog maintain her friendly demeanour by preventing frustration.

If your dog's reactions are intense or unfriendly, never allow a greeting and instead seek out qualified help from a positive-reinforcement trainer, such as the trainers regularly featured in this column.



*Emily Fisher, CPDT-KA, CDBC, Scratch and Sniff Canine Services, Guelph, ON* 

# **Bits & Bites**

Simply click on a summary to be whisked away to the internet page where you can read the full story.

- Halloween is a fun time of year, with costumes, tricks, and treats, but it's not without its hazards, especially for pets. Find out how to keep them safe.
- Pet Health Network also lists five toxins to watch out for during the fall.
- Wondering which anti-parasitic medications do what? The Ontario Animal Health Network has created a simplified table that outlines the

major anti-parasitics available in Canada and what each can be used for.

- Bathing your dog is an experience both owner and dog can dread, but it doesn't have to be so bad! Check out this step-by-step guide to help take some of the stress out of bath time.
- A dog who died after swimming in Lake Ontario may have been poisoned by blue-green algae.
- This thought-provoking article from McGill University discusses why veterinarians have such high rates of suicide.



## THIS MONTH'S RECALLS:

Click on a recall to be directed to further information online.

- Performance Dog
- Steve's Real Food for dogs and Quest cat food

#### From: Melanie To: Speaking of Dogs Rescue Subject: Elliot

This past April my life changed. My previous dog had passed, and I waited until I was ready to open my heart again. I'm so glad Elliot "chose" me. As I made my way to the foster home, I was so excited. I'd seen a picture of him and thought him cute but was more interested in his personality and if he would like me. The moment I met him my heart melted. I couldn't believe he was nine years old. He was prancing around the house and had such a funny, goofy smile. I sat down, and he came right up to me and put his head on my lap... I knew at that moment he was mine, and I was his.

I sometimes struggle with depression and social anxiety, and while Elliot is not a

trained service dog – he is for me. We spend most of our time together since I work from home. He loves to cuddle, watch TV, and help me cook. He also loves to run. I'm getting the hang of it too!

He loves his four cat siblings. He has an obsession with squirrels, massages, and cucumbers. I'm so thankful this little guy came into my life and will be my forever companion.



# **T-Shirt Fundraiser!**

We've joined with multiple rescues to create the Group Tee Fundraiser! These are excellent quality, Fruit of the Loom t-shirts, and every sale helps rescues across Canada. Please share with family and friends and animal lovers in general. When you buy your t-shirt, Collie Rescue Network receives \$1.00 of the sale. When you choose Speaking of Dogs as an additional rescue, we will receive \$5.00 for every shirt sold! The more we sell together, the more we can change lives in rescue groups across Canada.

Please visit <u>www.collierescuenetwork.com/grouptees.html</u> to order your tees.



# Happy Tails

### **SEPTEMBER ADOPTIONS:**

A big thank you to our foster parents and our new adoptive guardians for helping give these loving dogs a second chance.





Brody



Hanna



Lola

# Happy Tails

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# Can you lend a paw?

Although we have a partnership with a doggy daycare, we do not have a physical shelter; our dogs are in-home fostered by caring, loving volunteers. Because of the way our rescue is structured, the only hands-on volunteer position with our dogs is fostering. Can't foster but want to help our dogs? Consider donating new or gently used items for them. We are always in need of

- Gas gift cards
- Global Pet Foods or Pet Valu gift cards
- Kong or other treat-disensing toys
- Canned and dry quality dog foods
- Martingale collars
- Kuranda beds
- Thunder Shirts



# In Memoriam

LOVED BY STEVE, MAL AND THE COGHILL FAMILY ADOPTED 2014 PASSED SEPTEMBER 2018