

# It's the Pup-arazzi Summer Fun Photo Contest!

Looking to make your summer fun last all year long? Enter the Pup-arazzi Summer Fun Photo Contest!

We'd love to see your favourite photos of your pooch with any kind of summer theme. Photos can include a four-legged pal, but no humans please. This contest is for pups only!

**First prize** is a one-hour portrait session in the GTA with Inline Design Photo, including a 13-inch x 19-inch print. The winning photo will also be published on the front cover of the 2020 Speaking of Dogs Rescue calendar. (Approximate value: \$400)

**Second prize** is a set of four coasters and a mouse pad with the second prize photo printed on them, plus a Speaking of Dogs prize pack. The photo will also be featured on the back cover of the 2020 Speaking of Dogs Rescue calendar. (Approximate value: \$100)

**Third prize** is a mug and mouse pad with the third prize photo printed on them, plus the photo will be featured in a summer month in the 2020 Speaking of Dogs Rescue calendar. (Approximate value: \$70)



Each of the winners will also receive a copy of the calendar once they are available.

The entry fee is only \$10 per photo, or \$25 for three photo submissions.

**Full contest details, including all rules, are available at**  
[www.speakingofdogs.com/contest/](http://www.speakingofdogs.com/contest/)

The contest runs until July 29, 2019, so don't delay, send your submission today!

## JULY 2019

### THE OFFICIAL SPEAKING OF DOGS MONTHLY NEWSLETTER

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#### About Speaking of Dogs

Speaking of Dogs is a Toronto-based organization that launched in 2001 and is dedicated to educating and enlightening people about dogs through seminars, workshop forums, outreach and rescue. Our goal is to end cruelty, abandonment, mistreatment and homelessness of man's best friend.

*Speaking of Dogs Rescue is the operating name of Speaking of Dogs Rescue Program, a Canada Revenue Agency-registered charity based in Ontario.*

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#### Newsletters

If you no longer want to receive our newsletter, email [newsletter@speakingofdogs.com](mailto:newsletter@speakingofdogs.com), with "unsubscribe" written in the subject line.

# Dogs Looking for Homes

## A friend in need is a friend indeed

Without a doubt, a dog is a real friend. Our dogs come in all shapes and sizes, but they have one thing in common—they all need loving forever homes. Open your heart and your home to a rescue dog. You'll be glad you did. For complete information about the adoption process, please visit [www.speakingofdogs.com/adoption-process](http://www.speakingofdogs.com/adoption-process). For more information on each dog, simply click on their name.

## Mugsy

TERRIER MIX  
MEDIUM, ADULT, MALE



### FEATURED DOG:

Mugsy is an eight-year-old, terrier mix who found himself without a home when his family separated and no one could properly care for him. He's a calm, well-mannered boy who is about 18 pounds – and a bundle of cuteness.

When not socializing with his dog buddies, he's quite content to sit and sun himself in the backyard or just chill on the couch. He is also social and friendly with kids and strangers.

Mugs has no issues with handling, does not guard his food or toys, and is housetrained. When left alone he is not destructive or vocal. He responds to "sit" and is happy to take a treat for his efforts.

He enjoys going for road trips in the car and does not get anxious or carsick. When it's bedtime, he finds himself a spot, hops up, and settles in for the night.

Last week Mugs went to the vet for a dental, and while he was under anesthetic he had two lumps removed; one was just a sebaceous cyst, but the other was a mast cell tumour. His lab report said this type of cancer and the cells they found have a low percentage of reoccurrence, but there are never any guarantees.

Please don't overlook Mugsy because of his medical situation. He is a sweet, gentle, and kind dog who deserves a chance with a caring and loving family. Could you be the family he's hoping for?



### Tucker

BICHON FRISE / POODLE  
SMALL, ADULT, MALE



### Stacie

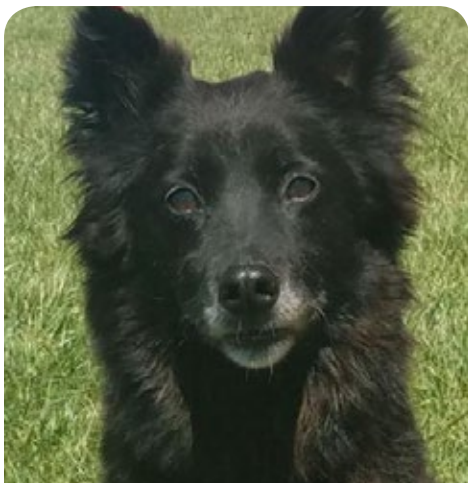
BORDER COLLIE / SPANIEL MIX  
MEDIUM, SENIOR, FEMALE



### Charlotte

FOX TERRIER / TERRIER MIX  
MEDIUM, SENIOR, FEMALE





*Ace*  
BORDER COLLIE MIX  
MEDIUM, ADULT, MALE



*Jorge*  
CHIHUAHUA / PUG MIX  
SMALL, ADULT, MALE



*Tucker*  
BEAGLE  
MEDIUM, SENIOR, MALE



*Marley & Hero*  
CHIHUAHUAS | SMALL, ADULT, MALES  
COURTESY POSTING, ARE WITH ADOPT A DOG, SAVE A LIFE



*Ricky*  
POMERANIAN  
SMALL, ADULT, MALE



*Lucy*  
LABRADOR RETRIEVER  
MEDIUM, ADULT, FEMALE



*Lester*  
BEAGLE / HOUND MIX  
MEDIUM, SENIOR, MALE



*Teddy*  
GOLDEN RETRIEVER  
LARGE, SENIOR, MALE

# Ask the Trainer

## TRAINING WITH PLAY!

We actively encourage owners to play with their dogs in training classes because when dogs are having fun, they are far more likely to become engaged with the handler and stay focused. I have always used interactive play as a reward when training my dogs, for competition or manners in the home.

Play is an inherently rewarding behaviour that many dogs, though not all, naturally engage in. Puppies are most inclined to want to play, and establishing this pattern with a young dog can have benefits that last a lifetime. We make use of their drive to play as a primary reward for working with us and offering us the desired behaviour.

Play can be taught, and it is also an important marker in the progress of a rescue dog that may have been too shut down or damaged to engage in this behaviour previously. When we see rescue dogs start to engage with a toy, it lets us know that they are on their way to recovery.

Play also stimulates the release of endorphins – the happy hormones – and has been shown to help lay down more durable memory of learned behaviour chains, when compared to just treats-based rewards. I find that while clickers and treats can capture significant moments in training, play following a behaviour chain really seems to elicit strong engagement from our dogs.

Using games that require human interactions, such as fetch and tug, are great, but we can also use engagement that doesn't require any extra props. This can be important for breeds that don't have toy drive, in tight circumstances, or where loud play is inappropriate. Games such as sparring with our hands to their

chest in what I term the “chest chuck” and full-body tricks such as spin or roll over can help dogs to respond actively. This is turn can help them to “shake off” the stress of learning or a pressured situation.

I was intrigued to see the Papillon that won the Westminster agility competition playing with the owner exactly as my boy does with me. However, I immediately wondered what an inexperienced eye would see with all of this very physical pushing going on. Right after their amazing run, the handler was on her knees with the dog, pushing at the chest and boxing and getting high fives with her. The camera panned away just as the handler seemed to forcefully push the dog away from her, which I'm sure shocked many onlookers.

However, what could be seen if you were able to catch it was the dog pouncing back for more, with an amazingly

joyful look on her face. No props or treats necessary, just an amazing bond between handler and dog at a time of high arousal. Considering they were competing against some of the best in the field and beat them by a significant margin of several seconds – I would say this method is working for them!

*...Continued on page 5*



*Lucinda Glenny, MSc. Animal Behaviour, HBSc. Psych., CPDT-KA, owner and lead trainer of Canine Campus ([caninecampus.ca](http://caninecampus.ca))*



...Continued from page 4

Voice is, of course, a major part of our interactions as well, and with our voice we can communicate our pleasure so perfectly. A high, positive tone elicits happy responses from our dogs, while a stern one will tamp down behaviour. However, many people are self-conscious of being expressive, especially with an audience observing them.

To get things started in the right direction, a small squeaker or squeaky toy in your pocket can be a great attention-getter and possible start to a play session. This way the handler can use sound to engage the dog in a positive way without having to use their voice. They can then reward with a treat or by tossing the toy for the dog to play with. This simple trick can really help a novice owner get a high level of interaction with their dog, which is great!

Training your dogs to do tricks that employ physical behaviours can go a long way towards helping both you and your dog find some fun in your training session. We want to create the perception that training is a game rather than work. I love to train a “Pop!” where the dog jumps into the air as a marker that I’m pleased with their effort and we should celebrate. I can do this in a competition ring, outside in the park, even in the home.

Spin is another great physical trick that lets the dog expend energy in a positive way and yet requires just a small space. Kids often love to teach tricks to their pups, providing a great means of getting them to safely participate in a group class and show off their skills! By encouraging the kids to participate, they also have a more vested interest in keeping the dog a member of the family.

The use of props in training can also add to the fun and reduce the dog’s stress. Classes

or private training sessions are only effective if the dog keeps participating, so keeping it interesting for them is key! Hula hoops, stools for teaching step up/body awareness, ladders, wobble boards, small jumps and tunnels can all add some fun to the training picture. This will help both the owners and the dogs to investigate new experiences and step out of their comfort zone.

One of our primary goals is to help shape dogs so that they can remain a beloved part of a family unit for their whole lives. The more positive the methods that we use to engage with our dogs, the better our overall relationship will be.

While the formal skills are so important – a solid stay, a reliable recall – the ones we reward with more physical engagement will be the ones the dog will continue to want to engage in.

***Let them play!***

**To: Speaking of Dogs Rescue**

**From: John H. and family**

**Subject: Bailey**

Life without Bailey is hard to imagine. She’s the most popular – and hairiest – dog at school drop off each morning. Her friendly wagging and chatter greet every dog she spots.

Bailey has come to work with me at Global News. She was quiet, well behaved, and slept in the heart of the newsroom. I’m convinced our famous “Storm the Weather Dog” is her secret boyfriend.

She’s also the defender of our Ajax realm – chasing away any critter from our yard. Don’t let the sunbathing fool you. More importantly, she’s my shadow.

I have spent most of the last five years unable to work because of multiple sclerosis and Crohn’s disease. Despite

that, I train for and run full and half marathons for my mental and physical well-being.

It was a lonely daytime existence until last summer, when my daughter and I wore my wife down to “we’ll get a dog next year.” About a day later, all it took was Bailey’s photo to change our lives forever.

She’s a 13-pound, anxiety-reducing cuddle machine and running champ. She runs numerous kilometres per week and has competed in runs just to return home and look at me like, “What? You’re not seriously tired are you?!”

Bailey was a big help this past April, keeping me calm through a tough MS relapse. I have struggled to walk properly on and off since. It meant so much when Bailey and I finished third male, fourth overall at the Furry Friends 5K in Oshawa!



I get asked often how I run with MS or how such a small dog can endure speed and distance. My only answer has been that we underestimate ourselves. Bailey and I continue to discover that each day.

Thank you to Speaking of Dogs Rescue for bringing Bailey into our lives!

# Bits & Bites

*Simply click on a summary to be whisked away to the internet page where you can read the full story.*

- Last month, the FDA published its third status report regarding grain-free dog foods and cardiomyopathy (DCM), including a list of 16 brands that are now being touted as having a “potential link” to DCM.
- While the FDA found a correlation, they have yet to find any cause, prove any link, or issued any recalls, as discussed in this article from Dog Food Advisor.
- Respected nutritionist Monica Segal has also weighed in on the issue of grain-free dog foods and DCM.
- This article from the Toronto Humane Society focuses on the benefits of environment enrichment in shelter situations, but the same applies for home environments as well!
- Thinking of taking your dog boating this summer? Check out these tips to keep the outing safe and fun.

## THIS MONTH'S RECALLS:

**Click on a recall to be directed to further information online.**

- [Pet Supplies Plus pig ears \(sold in bulk\)](#)

## KEEP YOUR PETS SAFE – KEEP THEM COOL!

The summer weather is finally here, and with hot, sunny days comes a perennial warning: A stationary vehicle is never a safe place for an animal! Unless you can keep your pet with you at all times or leave your car running with the A/C on, leave your furry friends at home, where they'll be safe and comfortable.

The OSPCA and Humane Society are once again running their No Excuses, No Hot Pets campaign. Find tips and facts at [www.nohotpets.ca](http://www.nohotpets.ca)

The ASPCA also offers facts and tips for keeping pets safe in hot weather at <https://www.asPCA.org/pet-care/general-pet-care/hot-weather-safety-tips>





# Happy Tails

## JUNE ADOPTIONS:

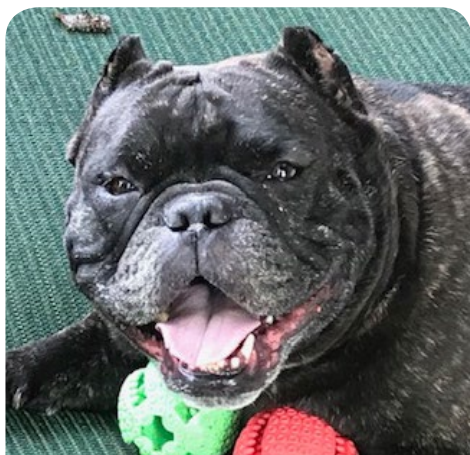
A big thank you to our foster parents and our new adoptive guardians for helping give these loving dogs a second chance.



Holly



Honey



Janice



Jasper



Kiba



Lola



Finley



Tippy

# More Happy Tails



Toppy



FOREVER IN FOSTER

Nala



## WAGS AND WIGGLES FOR OUR AMAZING VOLUNTEERS!

Huge thanks to Sarah, who put her baking skills to work and helped raise funds for the rescue by selling lemon loaves.

And the baking didn't stop there! Howls and cheers for Carl and Mari-Anne,

who hosted a spring bake sale during the opening of a farmer's market and a street sale, raising much-needed funds for the dogs in our care.

Last but not least, many thanks to Sue, who was presented with a cheque for our dogs from Pet Valu, as captain of last month's Dog Adoption Day.

Wags and wiggles all around!



## WALK WITH RESQWALK!

ResQwalk is a free mobile app that allows you to raise money for Speaking of Dogs Rescue while out for your regular walks!

All you need to do is download the app to your iPhone or Android phone and track your walks (with or without your dog). It's free. It's easy. It can help the amazing dogs in our program find their second chance at life and love.

Once you've downloaded the app, please remember to mark Speaking of Dogs Rescue as your favourite rescue!

For more information, you can visit [bestfriends.org/resqwalk/faq](https://bestfriends.org/resqwalk/faq).



# Furry Friends 5K Fun!

Many thanks to everyone who walked or ran in the Furry Friends 5K in Caledon. Thanks also to all of the generous donors who pledged our walkers and runners or who volunteered on race day.



**Wags and wiggles for:**  
Katie, Lindsay, Kim, Lily,  
Ruth, Sara, Gabe and Lorne,  
and Lorraine and Ian.

**SORRY YOU MISSED ALL THE FUN OF LAST MONTH'S EVENTS? YOU STILL HAVE A CHANCE TO JOIN IN THE GOOD CHEER AND GREAT EXERCISE!**

**SPEAKING OF DOGS RESCUE WILL BE PARTICIPATING IN THE FURRY FRIENDS 5K RACE IN BURLINGTON ON SATURDAY, OCTOBER 5TH.**

**RACERS CAN WALK WITH OR WITHOUT A DOG, AND ALL ACTIVITY LEVELS ARE WELCOME. YOU CAN EVEN JOIN AS A TEAM, AND THERE ARE FUN PRIZES TO BE WON**

**TO FIND OUT MORE ABOUT THE EVENTS, REGISTER AS A PARTICIPANT, OR PLEDGE ONE OF OUR RACERS, PLEASE VISIT**

**[www.FurryFriends5k.ca](http://www.FurryFriends5k.ca)**

# In Memoriam



*Patch*

LOVED BY SUE S. AND FRIENDS  
FOREVER IN FOSTER  
PASSED JUNE 2019



*Jersey*

LOVED BY MEG W. AND FAMILY  
ADOPTED NOVEMBER, 2015  
PASSED JUNE 2019



*Arlo*

LOVED BY JEN AND EMILY  
ADOPTED JULY 31, 2005  
PASSED JUNE 11, 2019



*Trapper*

LOVED BY EDWINA AND FAMILY  
ADOPTED OCTOBER 2017  
PASSED JUNE 2019